


| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|--|--|--|--|
| 1  Whiteboard Activity! 10:15-11:00 | 2  10:30 – 11:15 | 3  Tai Chi for Arthritis 10am, week 5 | 4  10:30 – 11:15 | 5  Chair DVD 10AM |
| 8  Whiteboard Activity! 10:15-11:00 | 9  10:30 – 11:15 | 10  Tai Chi for Arthritis 10am, week 6 | 11  10:30 – 11:15 | 12  Chair DVD 10AM |
| 15  Marbling Painting 10:00 – 11:00 | 16  10:30 – 11:15 | 17  Tai Chi for Arthritis 10am, week 7 | 18  10:30 – 11:15 | 19  Chair DVD 10AM |
| 22  Whiteboard Activity! 10:15-11:00 | 23  10:30 – 11:15 | 24  Tai Chi for Arthritis 10am, week 8 | 25  10:30 – 11:15 | 26  Chair DVD 10AM |
| 29  Whiteboard Activity! 10:15-11:00 | 30  10:30 – 11:15 | ACTIVITY CALENDAR APRIL 2024 Slatington Senior Center located at 425 Kuntz St. Slatington Contact Stacy at (610) 767-1250 for more information  | | |

Activities & Speakers open to everyone. Please place meal order by 10am the day before.